



**Permaculture education, project development and landscape regeneration**

## COVID-19 SAFETY CONSIDERATIONS

05/05/2020

Dear team S39 Uganda/ Kenya/ Rwanda

**Colleagues, friends, brothers and sisters in permaculture**

**We face a new and unfamiliar challenge on top of providing long term food and livelihood security, that of this new and to a large extent unknown viral pandemic caused by the coronavirus.**

As government, humanitarian and health specialists scramble to action what are our main considerations to focus on?

- The virus is known to spread from human to human contact
- People may carry the virus and show no symptoms, where others may become extremely sick and ill, with life threatening symptoms
- Coughs and sneezes can send water droplets carrying the virus into the air which may carry for several meters
- It can exist on surfaces, on tools and clothing sometimes for several days
- You are much safer outside than inside, where transmission is lower
- The virus is easily destroyed with soapy water

Regular hand washing is advised as standard behaviour, especially when entering and leaving a public or private space.

Shield coughs and sneezes with arm or sleeve to greatly reduce the distance droplets may travel

If able, wearing a mask in public places is advisable – in some countries compulsory. Even a simple home-made cloth mask may protect others around should you be a carrier.

Minimise the sharing of tools and other items or wash carefully with soapy water between use.

Wherever able avoid densely crowded spaces and try and maintain 2m as a minimum distance between people who you do not live with

THESE GUIDELINES DO NOT SEEK TO CHALLENGE THE ADVICE YOU VIA RECEIVE LOCAL & NATIONAL AGENCIES BUT TO SERVE AS CHECK LIST IN YOUR DAILY WORK AS PART OF THE S39 TEAM



Sector39 Limited. Company number 9001792  
Dragons Co-operative, Llanrhaeadr Ym Mochnant SY10 0JN  
Powys, Wales, United Kingdom  
**Sector39.co.uk**